# CZECH HUNTINGTON ASSOCIATION was established at 1991 by Gerrit Dommerholt and Jana Zidovska, MD.



Jana Zidovska



Gerrit Dommerholt

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## SPOLEČNOST PRO POMOC PŘI HUNTINGTONOVĚ CHOROBĚ

Velké náměstí 37, 500 03 Hradec Králové Czech Republic

#### Bank account:

IBAN: CZ82 0800 0000 0000 0154 3349, BIC GIBACZPX



info@huntington.cz



www.huntington.cz



www.facebook.com/huntingtoncz





25th anniversary of establishing

# FAMILY WEEKENDS

We use to organize family weekends 2x per year. 15 years ago there were ca. 30 to 40 participants. In last few years take part nearly 100 people. Patients, persons at risk, caregivers and members of families. We collaborate with multidisciplinary team of professionals – neurologists, psychiatrists, geneticists, physiotherapists and other specialists. During this venue we organize even block for patients where they use to do some exercising and other activities with specialists. Very popular is muzicoterapy. On Saturday evening we have live music and people are resting and dancing.







## 2 BULLETIN ARCHA

We use to issue our bulletin ARCHA 2x per year. It brings news regarding our association, translations of some articles sent by Gerrit Dommerholt and list of contacts.

## 3 SUMMER CAMPS FOR CHILDREN

Those camps were organized in collaboration with scouting troop in foresters at Eagle Mountains.

Children were very happy there. They cooked their meals and made other activities connected with life under tents.







# 4 WEB SITES HUNTINGTON.CZ

This web is very useful. There are located not only fresh news but even history of articles, stories of families with Huntington disease, off line clinic for questions of anybody who needs to know about HD etc.

# 5 EDUCATION ON HD

Education on HD and training in sphere of caring in the long term patients suffering from HD.

This project is focused on education of healthcare persons in stay facilities. We believe that well informed staff would understand better to needs of HD patients.

We try to find such facilities around the whole Czech Republic, that are able to receive patients from surrounding so that the bonds with





